



## **CDP Presents: Non-pharmacological pain management in the context of trauma polymorbidity.**

This 90-minute webinar will review the influence of common military trauma conditions (e.g., PTSD, TBI, substance use disorders) on chronic pain and the consequence of these comorbidities on response to standard clinical treatments for pain. The presenter will highlight gaps in the existing MHS and VA care structures for chronic pain management and present putative models describing how non-pharmacological interventions like cognitive and behavioral therapies (CBT) and complementary and integrative health (CIH) may address these gaps. This webinar will then review recent clinical trials completed by the presenter that tested non-pharmacological interventions for polymorbid pain (i.e., chronic pain presenting in the context of mTBI, PTSD and substance use) and will highlight the benefits and remaining gaps in non-pharmacological care. Participants will be able to describe the complexity of chronic pain in the context of trauma polymorbidity, understand how polymorbid trauma affects response to treatment, and outline contemporary evidence-based approaches for addressing complex pain.

**Target Audience:** For behavioral health/healthcare providers who treat military personnel, veterans, and their families.

**Instructional Level:** Introductory

**Learning Objectives:**

Attendees will be able to:

- Evaluate chronic pain and trauma comorbidity (including expected domains of assessment and clinical prognosis).
- Appraise gaps in existing care for complex pain and putative models of trauma polymorbidity that may guide advances in care.
- Differentiate evidence-based treatment approaches for complex pain management including their expected outcomes and limitations.



### **Agenda for CDP Presents Webinar**

<b>Webinar room prep and Lobby time</b>	<b>11:30am - 12:00 PM</b>
<b>Welcome to CDPP and Speaker Intro</b>	<b>12:00pm - 12:05 PM</b>
<b>Speaker Presents</b>	<b>12:05pm - 1:25 PM</b>
<b>Question and Answer and Admin</b>	<b>1:25pm - 1:30PM</b>



## Location Information

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**Address:**

<http://deploymentpsych.ce21.com/item/cdp-presents-nonpharmacological-pain-management-context-trauma-polymorbidity-85565>

October 27, 2021, 12:00 PM - 1:30 PM Eastern time

## Participate

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**Registration Information:**

**Participants can register via the link provided above, utilizing the CE21 system.**

**Cost/Refunds:** Zero cost, no refund policy

**Special Accommodations:**

If you require special accommodations due to a disability, please contact Micah Norgard at [micah.norgard.ctr@usuhs.edu](mailto:micah.norgard.ctr@usuhs.edu) 2 weeks prior to the training so that we may provide you with appropriate service.



## **Presenter**

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**Dr. Don McGeary** received his PhD in Clinical Psychology from the University of Texas Southwestern Medical Center at Dallas in 2003 and completed the APA-accredited postdoctoral fellowship in Clinical Health Psychology at Wilford Hall Medical Center (Lackland AFB, TX) in 2004. He currently serves as Associate Professor in the Departments of Psychiatry and Behavioral Sciences and Rehabilitation Medicine at the University of Texas Health Science Center San Antonio. Dr. McGeary has published over 70 peer-review manuscripts on military pain management, is a Principal Investigator on 4 federally-funded multisite trials of non-pharmacological treatment for military pain and is the current Programmatic Chair of the CDMRP Chronic Pain Management Research Program.

## **Continuing Education**

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The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

The Center for Deployment Psychology offers attendees 1.5 credit hours for participation in this training. Participants attending events in person are required to sign-in at the start of the training and sign-out at the conclusion of the training in order to attain CE credit. Participant attendance data will be collected electronically during webinars. There is a 30-day time limit post-training to complete all CE requirements. Partial credits cannot be issued. Inquiries regarding CE credits may be directed via email to [micah.norgard.ctr@usuhs.edu](mailto:micah.norgard.ctr@usuhs.edu)

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