



Assessing Military Clients for Trauma and Post-Traumatic Stress Disorder

February 22, 2022

A Live, Interactive Webinar

Description:

This workshop will review a method for screening, assessment, and treatment outcome monitoring of Posttraumatic Stress Disorder (PTSD) centered on the use of the PTSD Checklist for DSM-5 (PCL5). Participants will be introduced to VA/DOD best practices for diagnosing military-related PTSD including screening for trauma-related disorders, obtaining thorough military and trauma histories, conducting a semi-structured diagnostic interview, and using self-report measures to track treatment outcome. DSM-5 diagnostic criteria for PTSD as well as Other Unspecified Specified Trauma and/or Stressor Related Disorders are reviewed. Tools for assessing PTSD and common comorbid conditions are discussed including appropriate use of the PCL 5, Life Events Checklist 5 (LEC 5), Patient Health Questionnaire-9 (PHQ-9), and Alcohol Use Disorders Identification Test-Consumption Questions (AUDIT-C). Semi-structured clinical interviewing techniques are reviewed and then practiced by participants for the intended purposes of screening, diagnostic assessment, and tracking treatment outcome. Unique variables that can impact the assessment and feedback process with a military population are identified. Role-plays and demonstrations will be used to help develop participants' PTSD assessment skills.

Total CE Credits: 4

Learning Objectives:

Following the training, attendees will be able to:

1. Apply the VA/DOD Guidelines for the Assessment of Trauma and PTSD.
2. Differentiate between symptoms of PTSD and other disorders based on the DSM-5.
3. Use the PTSD Checklist for DSM-5 (PCL-5) when screening, doing diagnostic assessment, and tracking treatment outcomes in PTSD patients.
4. Formulate the results of diagnostic assessments and treatment outcome measures when assisting patients to plan their care.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.



Instructional Content Level: Introductory

Agenda:

9:30 am – 10:00 am	Zoom Meeting Room Prep
10:00 am – 10:10 am	Welcome and Introductions
10:10 am – 11:00 am	Section 1: Assessing Trauma History
11:00 am – 12:00 pm	Section 2: Screening for PTSD
12:00 pm – 12:15 pm	Break
12:15 pm – 1:10 pm	Section 3: Assessing Symptom of PTSD with a Clinical Interview
1:10 pm – 2:00 pm	Section 4: Providing Feedback and Treatment Planning
2:00 pm – 2:15 pm	Closing, Q & A

Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive social work CE credits. For psychology CE credits, completion of the evaluation is strongly encouraged. If you do not wish to complete the evaluation but desire to receive psychology CEs please contact the POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be distributed via CE21 within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2021 – May 19, 2022. Social workers completing this course receive 4 Live, Interactive Webinar continuing education credits.

Inquiries regarding CE credits may be directed via email to Jeremy Karp at jeremy.karp.ctr@usuhs.edu.



Participate:

Online Platform: Zoom

Date: 2/22/2022

Time: 10:00 am – 2:15 pm Eastern Standard Time (EST)

Registration Information: Registration is done through event management system CE21, links will be provided to prospective attendees.

Registration Deadline: Registration for this training closes one week prior to the training date.

Cancellations/Questions: Please contact jeremy.karp.ctr@usuhs.edu if you have any questions or need to cancel your registration.

Registration Cost/Refunds: Price \$20

Registration fees will be refunded to participants who send a written cancellation via email to jeremy.karp.ctr@usuhs.edu no less than 2 weeks before the training. No refunds will be made after the training.

Location Information: Training will be held on Zoom, attendees will launch the webinar through their CE21 account.

Instructional Format: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

System Requirements:

Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

Special Accommodations: If you require special accommodations due to a disability, please contact Jeremy Karp at jeremy.karp.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Milochik, via email at Amanda.milochik.ctr@usuhs.edu.



Instructor Biographies:

Kevin M. Holloway, Ph.D., is a licensed clinical psychologist working as Director, Training and Education at the Center for Deployment Psychology (CDP) and Assistant Professor of Medical and Clinical Psychology at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. In this capacity, he leads a team of subject matter experts and support staff to develop and present workshops across the world to military and civilian audiences on topics in deployment behavioral health and evidence-based therapies for Posttraumatic Stress Disorder (PTSD). Additionally, he leads a team of mental health subject matter experts and technology experts to develop and disseminate technology solutions to improve access to and quality of professional training. Recently this team was recognized as Gold Medal winners in the International Serious Play Awards 2019 for Operation AVATAR and Bronze Medal winners in the International Serious Play Awards 2020 for Build a Bedroom, both interactive provider training environments in Second Life.

Dr. Holloway received his Ph.D. in clinical psychology from Brigham Young University in 2004, and completed his doctoral internship at the Portland, Oregon Veterans Administration hospital.

Prior to joining CDP, Dr. Holloway worked at the Department of Defense's National Center for Telehealth and Technology, where he led the Center's Virtual Worlds Program which explored the use of shared virtual environments for immersive, interactive patient education, provider training, and telemental health applications. The program was recognized as a Computerworld Honors Laureate in 2012 for the T2 Virtual PTSD Experience. Dr. Holloway also led or contributed to projects investigating virtual reality exposure (VRE) therapy to treat PTSD, training providers in using VRE, gaming motivation for health applications, and video teleconferencing for telemental health.

Earlier in his career, Dr. Holloway was a staff psychologist at Madigan Army Medical Center, providing care to active-duty soldiers with an emphasis on combat-related PTSD and other anxiety disorders.

Paula Domenici, Ph.D., is one of the Directors of Training and Education at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland. She manages courses and training programs for enhancing behavioral health providers' and trainees' knowledge of military culture and evidence-based treatments to help address the unique needs of service members and veterans. She also presents workshops to clinicians across the country on military psychology including deployment-related topics. Dr. Domenici specializes in trauma and the treatment of PTSD using Prolonged Exposure Therapy (PE). When she first joined CDP in 2006, she worked at the National Naval Medical Center in the outpatient clinic and inpatient casualty care unit. Earlier in her career, she was an APA Congressional Fellow as well as a Staff Psychologist at the San Francisco VA Medical Center.