

## Military-Connected Couples: An Intervention Model for Treating Infidelity and Intimate Partner Violence: An Overview of Assessment and Response with Military-Connected Clients

5/24/2022

# A Live, Interactive Webinar

#### **Description:**

This training is a combination of two modules from our Couples Webinar Series. The first half provides active duty and civilian mental health providers with an overview of Dr. Douglas Snyders' three-stage model for treating infidelity. It begins by defining behaviors that constitute an affair and then explores issues which may be specific to military couples. Next, the three-stage model is introduced along with tasks to be accomplished during therapy and treatment goals for each stage. The second half of the training provides an overview of Intimate Partner Violence (IPV) with military-connected clients. First we will examine data regarding the prevalence of IPV. A review of the literature on the intersection of IPV and military culture will also be presented, along with key assessment elements, important questions to ask, and screening tools that can be used. Finally, we will review programs and resources available to prevent and respond to IPV with this population.

Total CE Credits: 4

#### **Learning Objectives:**

Following the training, attendees will be able to:

- 1. Distinguish the three stages of Dr. Douglas Snyder's model for treating infidelity
- 2. Evaluate two interventions that behavioral health providers can use with military couples to contain emotional turmoil following discovery or disclosure of an affair
- 3. Differentiate between healthy, unhealthy, and abusive dynamics in intimate partner relationships
- 4. Use military and community resources to address intimate partner violence with military-connected clients

<u>Target Audience:</u> For behavioral health providers who treat military personnel, veterans, and their families.

**Instructional Content Level:** Introductory/Beginner



### **Agenda:**

9:30 am - 10:00 am	Zoom Meeting Room Prep
10:00 am - 10:10 am	Welcome and Introductions
10:10 am - 10:40 am	Incidence and impact of affairs in military-connected couples
10:40 am - 11:10 am	Stage 1: Dealing with the initial impact of the affair
11:10 am - 11:45 am	Stages 2 & 3: Understanding the affair and moving forward
11:45 am - 12:00 pm	Infidelity Module Conclusion
12:00pm - 12:15 pm	Break
12:15 pm - 12:25 pm	IPV Module Introduction
12:25pm - 12:55pm	Overview of definitions and rates in the military
12:55pm - 1:25pm	Screening and assessment of IPV
1:25pm - 2:00pm	Treatment interventions and resources
2:00pm - 2:15pm	Q & A

## **Continuing Education:**

**Course Completion Requirements:** Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive social work CE credits. For psychology CE credits, completion of the evaluation is strongly encouraged. If you do not wish to complete the evaluation but desire to receive psychology CEs please contact the POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be distributed via CE21 within 30 days after all course requirements have been completed.

#### **American Psychological Association Sponsor Approval:**

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

#### **Association of Social Work Boards Approved Continuing Education Provider Approval:**

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this



course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 4 Live, Interactive Webinar continuing education credits.

Inquiries regarding CE credits may be directed via email to Jeremy Karp at jeremy.karp.ctr@usuhs.edu.

#### **Participate:**

Online Platform: Zoom

Date: 5/24/2022

**Time:** 10:00 am – 3:15 pm Eastern

**Registration Information:** Registration is done through event management system CE21, links will be provided to

prospective attendees.

**Registration Deadline:** Registration for this training closes one week prior to the training date.

Cancellations/Questions: Please contact jeremy.karp.ctr@usuhs.edu if you have any questions or need to

cancel your registration.

**Registration Cost/Refunds:** \$20

Registration fees will be refunded to participants who send a written cancellation via email to <a href="mailto:jeremy.karp.ctr@usuhs.edu">jeremy.karp.ctr@usuhs.edu</a> no less than 2 weeks before the training. No refunds will be made after the training.

**Location Information:** Training will be held on Zoom, attendees will launch the webinar through their CE21 account.

**Instructional Format:** This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

#### **System Requirements:**

#### Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

**Special Accommodations**: If you require special accommodations due to a disability, please contact Jeremy Karp at <a href="mailto:jeremy.karp.ctr@usuhs.edu">jeremy.karp.ctr@usuhs.edu</a> 4 weeks prior to the training so that we may provide you with appropriate service.

**Grievances:** For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Milochik, via email at Amanda.milochik.ctr@usuhs.edu.



### **Instructor Biographies:**

Marjorie Weinstock, Ph.D. is a Senior Military Behavioral Health Psychologist at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. She joined the CDP in 2009 as a Deployment Behavioral Health Psychologist at the Naval Medical Center San Diego. Prior to joining the CDP, Dr. Weinstock spent three years working for the Navy's Fleet & Family Support Program, where she provided counseling services to military members and their families.

Dr. Weinstock is a graduate of Emory University and received her doctorate in Counseling Psychology from the University at Buffalo. She completed her internship at the Brockton, Massachusetts VA Medical Center and a two-year postdoctoral fellowship in clinical research and addictive disorders at the Brown University Training Consortium.

As the spouse of a recently retired Service member, Dr. Weinstock has a first-hand understanding of the demands of military service on the family. In her current role she is engaged in the development and presentation of trainings for behavioral health clinicians to improve their competency in working with both Service members and their families. Her professional interests include deployment-related mental health issues, cognitive behavioral therapy, suicide prevention, and the impact of military life on the family.

**April Thompson, LCSW,** is the Assistant Director of Special Projects for the Center for Deployment Psychology (CDP) at the Uniformed Services University in Bethesda, Maryland. In that capacity, she is responsible for coordinating with stakeholders across the Department of Defense to develop trainings in response to identified needs. Prior to joining CDP, she worked for the Office of Secretary of Defense within the Military Community and Family Policy component leading the Department's training efforts on prevention and response to domestic abuse and child abuse.

Ms. Thompson received her Bachelor of Arts degree from Pepperdine University and her Master of Social Work degree from University of Pennsylvania. For over 20 years, she has specialized in work with military members and their families. As both a military spouse and clinical social worker, Ms. Thompson is deeply committed to ensuring military service members and their families receive evidence-based, high quality behavioral health care. She has provided services to Army, Navy and Marine Corps families on installations within the US and overseas. Her professional expertise focuses on military culture, suicide prevention, couples and family therapy, and prevention of intimate partner violence and child abuse.

\*\*There is no commercial support or conflict of interest to report for these presenters.